



## San Benito County Emergency Medical Services Agency

### NEAR DROWNING

Policy : E3-P  
Effective : May 1, 2010  
Reviewed : May 1, 2010

#### **I. BLS Treatment Protocol:**

- A. Treat life threats. (See Policy 4000)
- B. Spinal precautions as indicated.
- C. Prepare for transport / transfer of care.

#### **II. ALS Treatment Protocol:**

- A. Treat life threats. (See Policy 4000)
- B. Treat dysrhythmias as indicated.
- C. Transport.
- D. Contact Base Station.

#### **Note:**

Near drowning patients are at high risk for experiencing secondary drowning several hours after the initial event. Secondary drowning occurs when the lungs suffer delayed pulmonary edema after being exposed to water. Severe respiratory distress can also occur due to damage to the alveoli, as well as secondary to infection. Respiratory Distress Syndrome (RDS) and pneumonia can both occur following the inhalation of water into the lungs.

Make every effort to have even stable appearing patients transported to the hospital for evaluation over time.